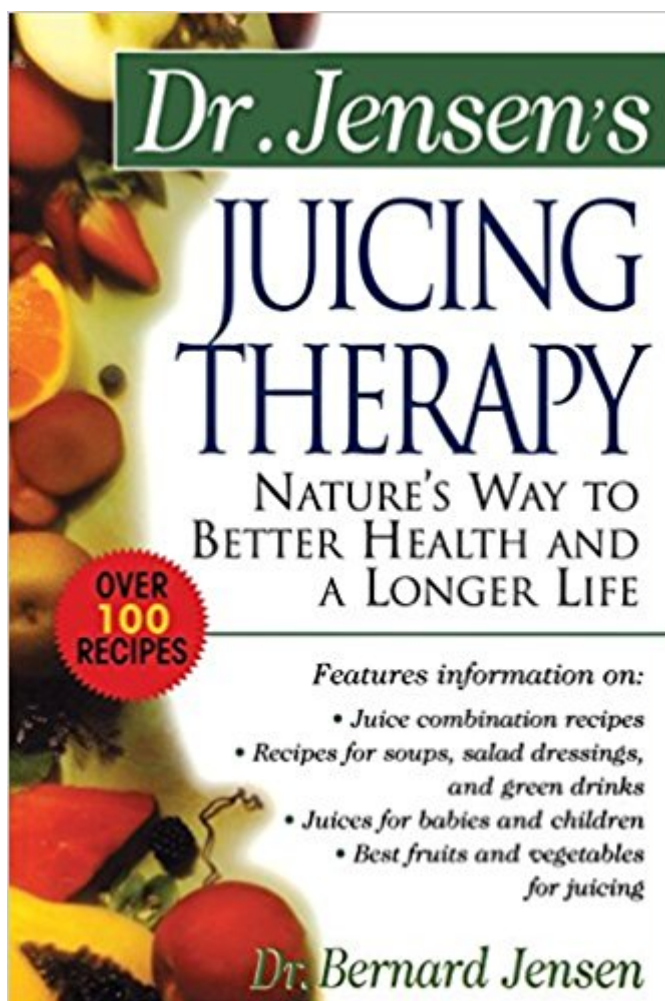


The book was found

Dr. Jensen's Juicing Therapy : Nature's Way To Better Health And A Longer Life



Synopsis

Dr. Jensen's years of study have proved the juices--both fruit and vegetable--are the fastest method for getting nutrients into our bodies. Dr. Jensen's Juicing Therapy offers more than 100 nourishing, easy-to-make juice combinations to enhance health and well-being. Also included are case histories demonstrating the extraordinary effects juices can have on rejuvenation and healing.

Book Information

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Customer Reviews

Bernard Jensen, D.C., Ph.D., known as the Father of Holistic Health, has practiced natural healing therapies for more than 70 years, lectured in more than two dozen countries, and counseled and taught more than 350,000 patients. He is the recipient of the President's Award by the National Nutritional Foods Association, the Golden Carrot Award by the Center for the Advancement of Cancer Education, and the Pioneer Doctor of the Year Award by the National Health Federation. A true legend in the field of natural health, Dr. Jensen has helped millions achieve a better quality of life in body, mind, and spirit.

Excellent recipes.

Great book. Dr. Jensen has made it an easy read and as a nice reference as well.

Another FABULOUS book.

Well

A+

good book

Dr. Jensen is timeless and informative. I really appreciate all the work and travels he did in order to be thorough in his researched presentations. I Love this book!

I found some good things in this book, and some that I've read in a number of other books. It's more of a reference book for me. It's not one that I would go out and buy again, but it's ok.

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